



Overcoming the misuse of solvents,
gases and other legal highs

Resource Guide:

We are pleased to present our Volatile Substance Abuse (VSA) e-learning resource for the Alcohol and Drug Partnership workforce. Designed for either in house delivery or individual use, the resource will also be of relevance to any organisation or stakeholder that requires a sound knowledge on the issue of VSA. Healthcare, counsellors, education departments, social work agencies, Trading Standards, protective services, community organisations and others can benefit from an increased understanding of the specific issues and dangers surrounding VSA.

This resource contains the following components:

1. Introduction
2. Toolkit 1: Powerpoint Presentation and PDF
3. Toolkit 2: Powerpoint Presentation and PDF
4. Film
5. Audio clips

Component Descriptions

Toolkit 1 - VSA: Still a Problem?

A 28 slide PowerPoint presentation providing an overview of what VSA is, the products used, mortality data, prevalence data and the legal position for both the UK and Scotland.

Completion time recommended:

Classroom based delivery: 3 hours

Self Study: 2.5 hours

Toolkit 2 – VSA: Legal and Lethal

A 31 slide PowerPoint providing information of the methods of consumption, the psychoactive and physiological effects, signs of VSA, the risks, the causes of death, incident management protocols, and how Re-Solv can help.

Completion time recommended:

Classroom based delivery: 3.5 hours

Self Study: 2.5 hours

Film:

An 11 minute film of interviews conducted by Re-Solv with 3 contributors:

- Richard Ives of educari, an acknowledged global VSA specialist
- An anonymous ex VSA user
- An anonymous mother of a current VSA user

The film has been provided as a component to bring to life the issues and dangers associated with VSA detailed in the Toolkits.

Intended for viewing at any point in completing the resource, the film may have particular resonance for classroom based delivery in conjunction with Toolkit 2 - VSA: Legal and Lethal.

Audio Clips

This resource includes 2 audio files of approximately 14 minutes in total duration. The speakers are a group of young females aged 14 to 16 talking about their experiences with VSA.

These can again be used at any point in either classroom based delivery or self study and may help to prompt discussion in group delivery.

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