

# Volatile Substance Abuse Professional Training

Re-Solv has over 30 years' experience working in the field of volatile substance abuse or 'VSA' — the misuse of solvents, gases and some other 'legal' highs. We deliver multidisciplinary professional training to substance misuse and mental health services, wrap-around and family services, peer mentors and support/recovery groups anywhere in the UK.

## About Re-Solv's Training

Re-Solv travels to your offices to deliver interactive and thought-provoking in-house training days. Training usually runs from 10am to 3pm, for a minimum of 8 and maximum of 20 attendees. Half-day training is also available but please phone to discuss first.

#### **Aims**

- To increase knowledge and understanding of the current issues that VSA presents to substance misuse and support services.
- To increase competence and confidence in recognising, assessing and effectively treating this often hidden form of misuse.

# **Objectives**

- Understand the need to educate about the dangers of VSA and sudden death.
- Identify substances that may be misused and common methods of abuse.
- Discuss prevalence and reasons for use including short term effects.
- Recognise possible indications of misuse, distinguishing between occasional and chronic use.
- Discuss mortality statistics and the associated dangers of use.

- Recognise the importance of assessment and the need to overcome stigma.
- Effectively manage VSA incidents and explore best practice for VSA prevention, harm-reduction and treatment.

# **Pricing**

Training is free of charge if:

- Your service supports adults in the West Midlands, thanks to funding from Lloyds Bank Foundation.
- Your service supports adults or young people in Scotland, thanks to funding from the Scottish Government.

Services can apply to pay expenses only if:

- Training is required in response to a crisis situation and/or
- The training will directly impact the wellbeing of a client using volatile substances. In this situation, Re-Solv also offers a free face-to-face support session with the client and his/her keyworker(s).

Elsewhere in the UK, training days are charged at £600 + travel expenses @45p per mile, payable on booking. If hotel accommodation is necessary, this will be agreed in advance.

### **Terms and Conditions**

We recommend a minimum of 8 and a maximum of 20 for a training session to run.

We ask for 72 hours' notice of a cancellation. Unless there are special circumstances agreed by both parties, we do not provide refunds.

To book or find out more, please phone 01785 817885 or email v.leigh@re-solv.org. Thank you!