

## NPS or 'Legal Highs' Professional Training Day

Re-Solv has over 30 years' experience working in the field of legally-accessible drugs, particularly those used by young people. As well as professional training on volatile substance abuse (VSA), we are now delivering professional training on new psychoactive substances (NPS).

### About Re-Solv's Training

Re-Solv travels to your offices to deliver interactive and thought-provoking in-house training days. Training usually runs from 10am to 4pm, for a minimum of 8 and maximum of 20 attendees, and can be booked on Tuesdays, Wednesdays or Thursdays, to suit you.

We actively support multi-disciplinary training and would encourage services that book training to fill any additional spaces by inviting colleagues from local wrap-around services (e.g. housing, mental health, fostering, police, social services, YOTs, etc.).

### Aims

- To increase professionals' knowledge and understanding of the current issues that NPS presents to services.
- To increase competence and confidence in recognising, assessing and effectively treating these emerging drugs of choice.

### Objectives

- Explore what we mean by NPS and categories of substances available today.
- Discuss prevalence in young people and adults and examine reasons for use.
- Explore the Government's response to NPS and the impact of legislation.

- Examine health risks and dangers.
- Discuss the importance of assessments and identifying users.
- Effectively manage NPS clients and explore best practice for harm minimization.

### Content Outline

What do we mean by the term legal highs/NPS? What substances are currently being abused and what are the effects and associated risks?

Stereotypes, prevalence and reasons for use. Comparisons of use to illegal substances. Mortality statistics and associated dangers.

Manufacturing and availability. Challenges facing the control of NPS through legislation.

Effective interventions and treatment options. Risks to health and harm reduction. Best practice guidelines.

### Terms and Conditions

Training days are charged at £600 + travel expenses @45p per mile. Occasionally hotel accommodation may be necessary but this will always be agreed in advance with the organisation booking.

A minimum of 8 and a maximum of 20 are needed for a training session to run.

We require 72 hours' notice of a cancellation. If less notice is given, we reserve the right to charge back to the service any expenses that may have been incurred (e.g. travel/hotel accommodation).

**To book or find out more, please phone 01785 817885 or email [v.leigh@re-solv.org](mailto:v.leigh@re-solv.org).**