

## WE CAN HELP YOU

Re-Solv is the only national charity solely dedicated to the prevention of solvent and volatile substance abuse.

Please tick if you would like details of any of the following:

A Parents' Guide - **Keep your child Safe and Sound.**

*Please send postage to the value of 41p.*

A video - **Safe is Sound** - price £10.00\*

Membership details for individuals - price £12

Membership details for organisations - price from £25

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Postcode: \_\_\_\_\_

### Send cheque with order

Please send your request to:

Re-Solv, 30a High St,  
Stone, Staffordshire ST15 8AW  
Tel: 01785 817885  
Fax: 01785 813205

Re-Solv is a charity and relies on donations to continue its work. A gift of £10 would help Re-Solv respond to other parents and young people in need.

I would like to make a gift of £10.

I would like information on other ways to give to Re-Solv and to receive updates about Re-Solv's work.

\*Subsidised price available only to parents and carers until January 1st 2001, includes postage and packing. Re-Solv is not VAT registered.



Re-Solv is a non-profit-making company,  
limited by guarantee.  
Company registered no.1859082.  
Registered charity no.326732.

Head Office: 30a High Street, Stone, Staffordshire ST15 8AW.

## WHAT IS SOLVENT AND VOLATILE SUBSTANCE ABUSE?

Using ordinary household products like cigarette lighter re-fills, aerosols, glue, petrol and other products, to get "high" (i.e. become intoxicated). In the average home there are over 30 sniffable products.

**VSA affects young people from all backgrounds. Talk with your child about the danger of deliberately breathing the fumes from domestic household products before a problem occurs. You could be giving your child essential life saving information.**

**Your child may hear about VSA from their friends and peers. Remember this information may not be so reliable**

## SIGNS AND SYMPTOMS

- A chemical smell on your child's breath or clothing.
- Empty aerosol, butane or glue containers left where your child has been.
- "Drunken" behaviour, although the effects do not last long.

## WHAT CAN YOU DO

- **Don't panic.** Most children who try sniffing, and only a minority do, don't enjoy it, and give up.
- Tell them **again** about the dangers. Most children don't realise how toxic these ordinary substances are.
- **Listen.** Children who repeatedly abuse solvents may have problems they are trying to escape from.
- Take your child for a health check if he/she has been sniffing for some time or if you are concerned.
- Don't be frightened to **ask for help.**
- Contact Re-Solv for more details and a free Parent's Guide.

Contact:

The greatest  
**DANGER**  
for  
**YOUR CHILD**  
is in  
your home



# SOLVENT ABUSE